

The Painful Scar

K - 5th

3/7/2010

This Week's Theme: The purpose of this lesson is to understand the power of our intuition. We all have an internal guidance system that is constantly trying to get our attention in order to guide us to making the best possible choice for us. All we have to do is pause long enough to hear it and then make the choice to follow it.

Teacher Insights: This week we will continue our Harry Potter lesson series in YFM. This Sunday there are three important points for you to keep in mind throughout the entire lesson. They are:

- The Christ within us is always available to us to guide us in our choices.
- We need to take time each moment to listen for and pay attention to our guidance.
- Our intuition can come in many different forms. It is up to us to figure out how best to tap into our own guidance system.

Definitions:

Since not everyone may be familiar with the terms and characters in Harry Potter each week I will provide you with definitions of the terms used and how we are interpreting them spiritually. This week's terms are:

Magic: Magic represents our gifts from God.

Unity Principles: (today's principle is highlighted)

1: God is all Good and active in everything, everywhere.

2: I am naturally good because God's Divinity is in me and in everyone.

3: I create my experiences by what I choose to think and what I feel and believe.

4: Through affirmative prayer and meditation, I connect with God and bring out the good in my life.

5: Practice, Practice, Practice. I do and give my best by living the Truth I know! I make a difference!

Pre-session: My Intuition

Make sure you create a sacred space at the tables in your rooms. You can do this by lighting the Christ candle and then placing sacred objects around it.

Greet Parents and Children. As much as possible try to greet parents at the sign-in table.

- At the Sign-in table ask:
 - Please print names
 - Does your child have a **yellow registration form** filled out?
 - Any special needs that we should know about?

Pre-session Activity: Toilet Paper Roll

Materials: Roll of Toilet Paper

You will find a roll or two of toilet paper in your tubs; you will also find some blank paper and some coloring sheets. Since this activity is more of a discussion based activity, you may want to have the children color/draw or create something with the paper while you give everyone a chance to arrive. Once you have most of the class for the day, ask each person to tear off some sheets of toilet paper. It is important that you do not tell them why. Once each person has their pieces of paper they must then go around the circle and share with the group one way that they have used their intuition for each sheet of paper that they took. Someone who took one sheet must share one thing and someone who tore off ten sheets will have to share ten things.

Sacred Circle: What is My Still Small Voice?

- **3 Ohms:** In order to synchronize our energies, have the children sit in a circle and begin sacred circle with 3 ohms.
- **Who is Jesus for us in Unity?** Our way-shower, the great master of love.
- **Affirmation:** I listen to God within and I know just what to do.
- **Introductions/Affirmations:** In turn, have each student stand say their name and a characteristic they bring to the classroom. For example, "I am Brandon and I bring peace

to the circle today." All the children warm up their hands and put their hands in the prayer position, bow, and say, "Namaste' _____, you are _____!"

Namaste' means: "The light in me sees the light in you."

- **Heart Agreements:** Heart Agreements establish the boundaries of how everyone in the group agrees to "show up" in Sunday school. They are not being TOLD how they must show up; they are telling YOU how they have agreed to show up. During the course of the lesson, you may refer back to the Heart Agreements. For example, if a group of kids is perpetually talking while you are speaking, then you may say to the class as a whole, "What was our heart agreement about listening to speakers?" And let the kids tell you!

Our basic heart agreements are:

**Gentle Hands
Open Hearts
Walking Feet
Listening ears
Kind Words**

- **Love Offering:** Divine Love, Blesses and multiples, all that I have, all that I give and all that I receive. And I am joy-filled and grateful. FYI: students may place lots of things besides money in the love offering basket: joy, friendship, peace, love, etc.

Story: Harry Potter and the Goblet of Fire, J.K. Rowling, pages 16-19

You will find a copy of today's story in your tubs. In today's story Harry is having a vivid dream and his scar begins to burn. All throughout the Harry Potter stories there are incidents where Harry feels his scar begin to burn. After each one of these episodes Harry had an experience that was troubling him and/or dangerous for him. We also have a power within us that guides and directs us throughout our day and our lives. It is our Christ presence and although it does not hurt us like Harry's scar hurts him, if we are able to listen it provides us with guidance as to what the best possible choice for us might be.

Discussion Questions:

- What was causing Harry's scar to burn?

- What had Harry been dreaming about?
- What happened the last time his scar had hurt?
- Do you ever get the feeling that something is about to happen?
- Do you believe you have an intuition? For example, when you know who is on the phone before you answer it or you think about a certain person and the call. Share your experiences.
- How did you respond to your intuition? What happened if you followed your guidance? What happened if you did not?

Meditation:

Materials: Prayer of Faith Cards

Unity has a prayer called "The Prayer of Faith." It reminds us how God is always with us and cares for us. It can also help remind us of the truth that God guides us throughout our lives. Here is a copy of The Prayer of Faith for each of you to take home with you and use to remind yourself of God's presence each morning. This morning let's take turns reading one line at a time, then all the others will repeat it. Who would like to begin?

The Prayer of Faith By Hannah More Kohaus

God is my help in every need;
God does my every hunger feed,
God walks beside me, guides my way
Through every moment of my day.

I now am wise, I now am true,
Patient, kind, and loving, too.
All things I am, can do and be,
Through Christ, the Truth that is in me.

God is my health, I can't be sick;
God is my strength, unfailing quick;
God is my all, I know no fear,
Since God and love and truth are here.

Amen

Creative Expressions:

12 Magical Powers Box

This will be an ongoing activity each week. Once their box is designed they will be adding items to it (based on the 12 Powers) that will represent the magic that is within them. They need to include a list of what each item represents. The boxes should remain at church so they can be used each week. They can take them home when the curriculum has been completed. This week we will be making one more item to put into their box. If you have a child that has not yet made a box, please see Brandon or John to get the materials for them to make a box. It should be an item that represents a different power from the one they have made in previous weeks.

You will find in your tubs the following items: a container with lid for each child, glitter glue, sequins, beads, yarn, decorative items, paper, and glue.

Our 12 Powers are:

Faith- dark blue

Love- pink

Strength- light green

Judgment- yellow

Power- purple

Imagination- light blue

Understanding- gold

Will- silver

Order- dark green

Zeal/Enthusiasm- orange

Release- russet (reddish brown)

Life- red

Based on the lesson for today, encourage them to create a memento that reminds them of one of the 12 Powers. (Make the item in the appropriate color, based on the above list.)

Finally they need to keep a list of the power and the meaning of each item so that when they need to be reminded of all of their powers they just have to open their box. Ask them to write down each power as they create it so they know which ones are still needed!

Prayer Cloth

Materials: Pieces of fabric, Permanent markers

You will find the materials listed above in your tubs. Give each child a piece of fabric and let them know that Harry had something to remind him of when his inner guidance was trying to get his attention. Today we are going to create something that we can carry with us to remind us of our connection to our guidance, the Christ within. Each child has an opportunity to use the cloth to create something they can carry with them to remind themselves of their own

Christ nature and the guidance it provides. After each child has completed their prayer cloth have them share with the rest of the class what they have created.

Closing Prayer:

Let us pause for a moment in silence. We send thoughts of love to everyone in the world. Pause.

Father Mother God, thank you for this time together to learn about the power of release and how we always have choice in our lives and the wonderful moments when we can connect with you. In this moment we choose to create a wonderful world for all. We allow our Christ light to shine out for the world to see and speak words of love and peace into our world. We are grateful. Thank you God! Amen.

Teacher Reminders: Please HELP

- Return the teacher tub and all supplies to the Resource Room
- Sign out by writing the number of children you had on the Teacher Sign-In Sheet.
- At 11 put the sign-in sheets in your supply tubs.
- Put the love offering in the envelope in your tubs.
- Feel out the "Hums and Areas for Improvement" sheet found behind your curriculum in your tub. Leave the completed sheet in the tub for Brandon to collect after Sunday!