# CORE VALUE & DEFINITION

#### INDIVIDUAL BEHAVIORS

### SPIRITUAL COMMUNITY BEHAVIORS

#### **SPIRIT-LED**

We turn within to Spirit for guidance and active communication.

- I have a daily spiritual practice that keeps me conscious of spirit.
- I attend classes and workshops that support my spiritual growth.
- I take life's challenges and celebrations into my prayer practice.
- We begin all our gatherings with prayer.
- We teach spiritual principles and practices, such as meditation and prayer, to help adults and children cultivate communion with the Divine.
- We consistently provide opportunities to deepen and expand our understanding of Unity principles and how to align with them.

#### LOVE

We express unconditional love, an inner quality that sees good everywhere and in everyone.

- I continually seek to expand loving relationships in my world.
- I always look for the good in others and speak well of them.
- I am considerate of others and listen with empathy.
- I love myself completely, as Spirit does, and I express my divine perfection and wholeness.

- We welcome and greet everyone in love.
- Our Sunday services teach unconditional love.
- Our Youth and Family Ministry program supports our children in experiencing themselves as the perfect creations of God that they are.
- We actively express love in the world through sacred service.

## **INCLUSIVENESS**

We embrace all people as expressions of God.

- I reach out to others and acknowledge the Christ Nature within each person.
- I am compassionate and considerate of all.
- I attend classes and events that expose me to different faiths and cultures.
- I participate in activities that increase my understanding and embrace of all people.
- We embrace diversity and foster authentic relationships by educating ourselves, and our children through classes, workshops and other experiences.
- We welcome ALL people as part of our congregation.
- We reach out to other organized faiths in the community.

#### **ABUNDANCE**

We know that God is our Source and celebrate the unlimited possibilities present in every moment.

- I give to where I am spiritually fed.
- I speak of what is possible, not what is impossible.
- I give generously of my time, talent and treasure.
- I take action to realize my divine potential.
- We make plans knowing that anything is possible. We think big!
- We bring people in to the conscious awareness of the value of service.
- We provide adults and children the tools to develop and demonstrate the consciousness of prosperity.
- We tithe to the people and institutions from which we are spiritually fed.

#### **JOY**

We live from a positive view of the world and celebrate life.

- I choose to be optimistic.
- I appreciate humor wherever I find it.
- I live complaint-free.
- I participate in activities that bring me joy.
- We celebrate our oneness with God through laughter, fun and music.
- Our Youth and Family Ministry provides a program that is fun, inspiring and grounded in Unity teachings.
- We have Outreach activities that provide opportunities for joyful service.
- We sponsor activities and groups that speak to many people's joys and passions.